



## **SERIOUS INJURY REPORT / PROTOCOL**

TBRU follows the policies set down by the ARU as follows.

The Australian Rugby Union (ARU) has established the following Serious Injury Protocol and Report for all use by all Rugby Bodies - Clubs, Schools and Unions who participate in the game of Rugby.

### **ARU SERIOUS INJURY REPORT**

A Serious Injury Report must be completed for the following match or training related injuries:

- ANY HEAD OR NECK INJURY THAT RESULTS IN A PLAYER BEING TREATED AT AN EMERGENCY DEPARTMENT, HOSPITAL OR AFTER-HOURS MEDICAL CENTRE,

OR

- ANY INJURY THAT RESULTS IN THE ADMISSION OF A PLAYER INTO HOSPITAL. (Note: This does not include players taken to an Emergency Department and allowed home from there).

How to submit this report:

- Accurately record details about the player, their injury, the match and the designated club/school contact below.
- Submit a Serious Injury Report online within 48 hours of the time of injury occurring.

Serious Injury Reporting allows for the accurate gathering of serious injury data within Rugby. The completion of these reports provides valuable information in relation to the nature, cause, and extent of serious injuries in the game, and allows the ARU to provide strategies to reduce the impact of injuries and improve the management of injuries in the game.

### **ARU SERIOUS INJURY PROTOCOL**

The protocol is to be followed in the event of a serious injury to a player's head or neck (ie: suspected spinal injury) or fatality is as below:

1. Provide immediate on-field medical care and arrange suitable transportation (ie. ambulance) to the hospital for the injured player.
2. Club/school representative to phone the ARU Serious Injury Case Manager (SICM) on the ARU Hotline 1800 036 156 in the event of a serious injury (ie: suspected spinal injury or fatality). This number is a call back service and your details will be passed on to the SICM who will call you back ASAP. Please have all details of the incident ready to pass on to the SICM.
3. SICM to establish initial contact with designated hotline caller to ascertain current status.
4. SICM notifies ARU General Manager (GM) of Community Rugby or designate of situation.
5. SICM or GM notifies designated representative responsible for zone/region/state union (eg: New South Wales Country Rugby – Executive Officer).
6. Designated representative responsible for zone/region/state is to establish one point of contact with the club/school/zone to coordinate situation (eg: President/Executive Officer).
7. SICM or GM to notify ARU Media Manager.
8. SICM, GM and representative responsible for the zone/region/state to establish a process of support as required.

### **ARU Serious Injury Case Manager**

The Australian Rugby Union (ARU) has appointed a Serious Injury Case Manager (SICM) to assist in managing traumatic injuries. The SICM is your first point of contact in the event of a serious injury to a player's head or neck (ie: suspected spinal injury) or fatality and will provide a link between the club/school and the Australian Rugby Union (ARU).

### **Club/School Responsibilities**

1. Provide immediate on-field medical care and arrange suitable transportation (ie. ambulance) to the hospital for the injured player.
2. Phone SICM on the ARU Hotline 1800 036 156 in the event of a serious injury (ie: suspected spinal injury or fatality), who in turn notifies ARU nominee.
3. Phone zone/regional/governing affiliate administration.



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4. Accurately record any details and persons associated with the injury.
5. Notify next of kin in the case of a serious injury to a players head or neck.
6. In the case of a fatality, the Police will notify the next of kin.
7. Monitor players/match officials (referees, touch judges)/club officials (coaches, managers, runners, trainers, physiotherapists etc) for team debrief and/or personal counselling.
8. Complete the Serious Injury Report (details on the back of this page) and submit online at [www.rugby.com.au/seriousinjury](http://www.rugby.com.au/seriousinjury) within 48 hours of the time of injury occurring.
9. Complete the ARU Sports Injury Claim Form for all insurance claims. For more information please contact Gow-Gates Insurance Brokers (1800 811 371) or visit [www.rugby.com.au/tryrugby](http://www.rugby.com.au/tryrugby).

#### **State Union Responsibilities**

1. Follow up counselling requirements for the injured player, club/school personnel, referee and touch judges in conjunction with SICM and GM.
2. In conjunction with club/school officials, zone/regional/governing affiliate administration and ARU, handle all media contact. There should be one point of contact for media releases.
3. State Union representative to attend any inquest/event.
4. Assist club/school with fund raising activities as required.

#### **ARU Responsibilities**

1. Provide support – (logistical and human) to the injured player, family, club/school, match officials and state union as required.
2. Monitor current and ongoing status of the injured player.
3. Complete analysis report of injury occurrence and record on the ARU Serious Injury Register.
4. Maintain ARU database.

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